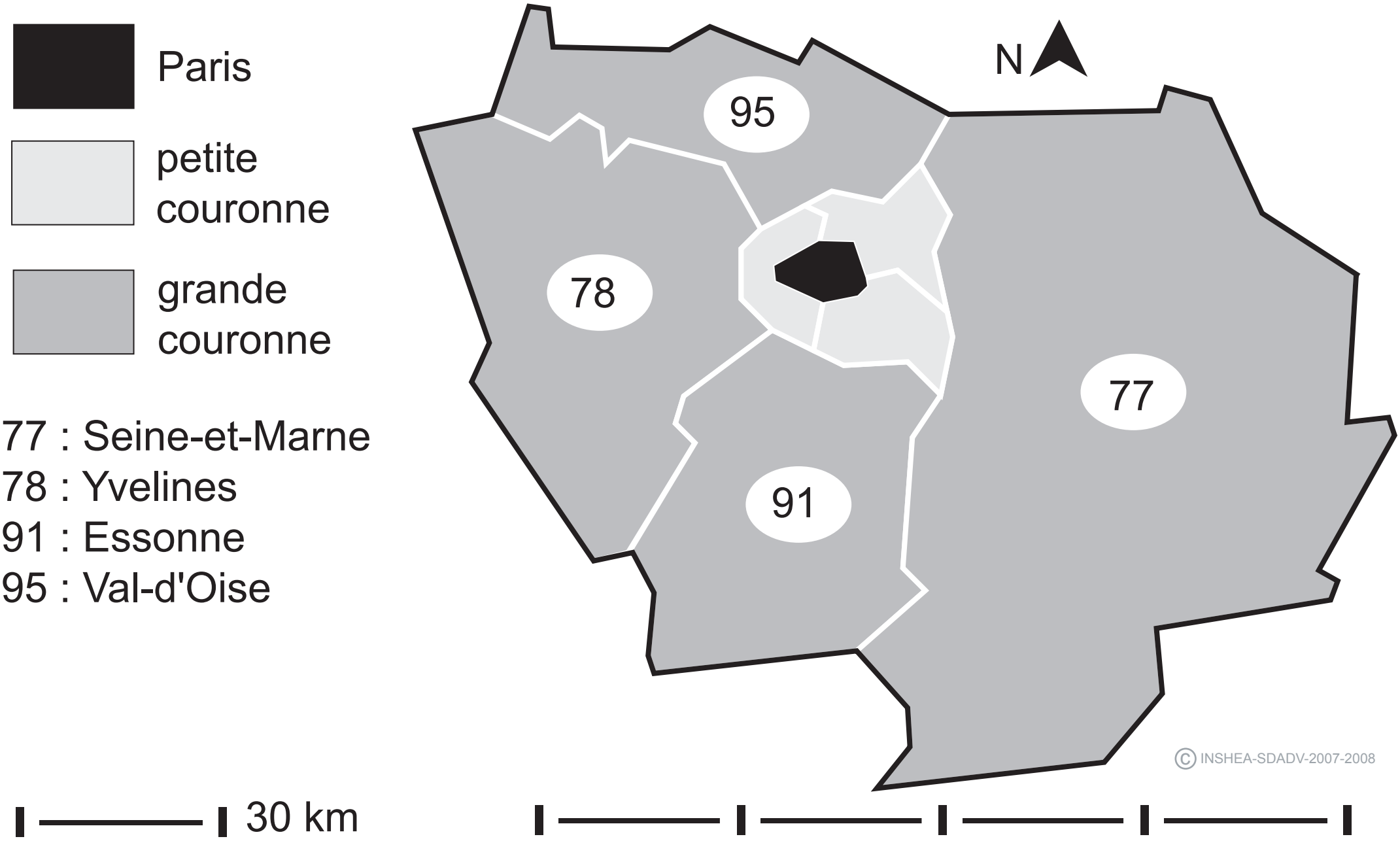La région Ile-de-France : les départements de la grande couronne